



# Staying Safe Together

## Senior Safety Tips

We encourage everyone to share these safety tips with your neighbors and friends. We should not have to be fearful when going out but we do need to remain vigilant.

**1**

**Be aware of your surroundings.**

Limit distractions, such as phone use.

**2**

**Walk in groups** while conducting errands, whenever possible.

**3**

**Speak out** in a loud and firm voice if you are being followed or threatened.

**4**

**Seek help immediately.** Ask others to call 9-1-1 if assistance is needed.

**5**

**Report the incident to someone you trust.**

Also report any anti-Asian incident you experience or witness (even if it is not a crime) to [stopaapihate.org](https://stopaapihate.org). Stop AAPI Hate is a community group that is gathering information on all anti-Asian incidents across the country.